

## **DEPARTMENT OF PHYSICAL EDUCATION**

### **ABOUT DEPARTMENT:**

The government of Rajasthan higher education department insisted all the universities of Rajasthan to introduce subject sports & physical education in order to provide opportunities to sportsmen to excel in academics while continuing their sports. The JNV University is pioneer in state to start Physical Education-teacher education and learning in **2002 with the introduction of B.A physical education as an optional subject and Masters in Physical Education** of two years duration. The Physical Education Department came in existence with the approval of Hon'ble Chancellor in the year **2007**. The Physical Education Department is also **recognised & approved by the National Council for Teacher Education (NCTE)**

### **VISION:**

The Department of Physical Education envisages that our students will acquire passion for Health, Fitness, Learning and Life, display respect for all mankind, appreciate and celebrate individual and cultural differences and develop a sense of responsibility towards the nation. The vision of our department is to encourage students to nurture their individual creativity and imbibe in them problem solving skills that will enable them to grow and shape their own individual identities.

### **OBJECTIVES:**

- To produce professional teachers in Physical Education for Schools, Colleges and Universities.
- To lay down sound foundation for higher and advanced studies in India and Abroad.
- To prepare students for self-employment in the field of health, fitness and gym management, personal trainers, sports journalism, yoga and meditation and sports physiotherapy and rehabilitation.
- To prepare students for advance professional coaching in various disciplines like athletics, gymnastics, hockey, football, basketball and cricket etc.
- To encourage mass participation in Physical Education programmes.
- Provides sound technical knowledge to become qualified umpires/referees/ managers/technical delegates.

### **SALIENT FEATURES:**

- The highly professional teacher education & learning programme.
- Prepares specialists in games & sports of the choice of the students and compulsory specialization in athletics& gymnastics/swimming.
- Prepares sound background for joining higher teaching, training and coaching institutions.
- Provides sound technical knowledge to become qualified umpires / referees/ managers/ technical delegates
- Generate employment and self-employment opportunities in the field of health, fitness and gym management.
- Prepares managers & administrators in physical education & sports.
- Provides expertise in sports marketing.
- Provides training in the field of yoga, meditation & relaxation techniques.

**COURSES OFFERED & APPROVED:**

SN	Name of Course	Duration	Eligibility	Intake	Fees(Approx)
1.	B.A. Physical Edu.(Elective)	3Yrs	10+2	80(OnlyArts & KNCW)	Regular
2.	MPed	4Semester	BPEd	40	25000 PA
3.	Master in Yoga	2Yrs	BPEd/DYEd	30	15000 PA
4.	P.G.Diploma in Yoga	1Yrs	Any Graduate	30	15000
5.	P.G.Diploma in Sports Industry & Management.	1Yrs	Any Graduate	20	15000
6.	P.G.Diploma in Nutrition, Health & Fitness	1Yrs	Any Graduate	20	15000
7.	Ph.D.	2&half yrs	MPE/MPed/MPES	20	20000

**FUTURE ACADEMIC, PROFESSIONAL & RESEARCH PROGRAMMES:**

- PG Dip.in Exercise Therapy & Rehabilitation.
- PG Dip.in Sports Journalism.
- Diploma in Sports Coaching.

**INSTRUCTIONAL FACILITIES & LABORATORIES:**

- **Computer Lab**
- **Sports Psychology Lab.:** Digital Memory Meter, Bio Feed Back, Finger Dexterity Test, Perception Test, Tweezers Dexterity Test & Various Questionnaires.
- **Human Anatomy & Physiology of Exercise Lab.:** Skeleton with stand, B P Monitor , Lactic Analyzer, Metronome , Manual Muscle Tester, Fat Analyzer , Spiro Meter, Clinical Thermometer.
- **Teaching Technology Lab. :** Educational Charts
- **Physiotherapy & Rehabilitation Lab.:** Tapping Messenger, Infra Red Lamp, Ultra Violet Lamp), Metronome & Electronic Massage Chair.
- **Fitness & Training Lab.:** Reaction Time Apparatus, Centrifuge Machine, Mechanized Treadmill Automatic, Goniometry, Skin Fold Calliper, Dynamometer (Grip, Push, Pull & Back),sit & reach instrument, Anthropometric kit.

**LIBRARY LEARNING RESOURCES:**

- Around 2000 books on Physical education & its allied sciences, Yoga, Psychology, Management, Sociology, Bio-Mechanics, Health & Medical sciences and Games & Sports.
- National & International journals.
- Thesis & Dissertations

**INFRASTRUCTURAL(Games & Sports) FACILITIES:**

- Gymnasium Hall
- 400m Track
- Football field
- Kho-Kho field
- Boxing ring with shade
- Swimming Pool
- Kabaddi field
- Handball field
- Basket Ball courts in all Campuses

- Cricket Field
- Squash court
- Volleyball court in all Campuses
- Hockey Field
- Multi Gym in all Campuses
- Soft Ball Field
- Tennis Courts with cage
- Badminton Court wooden with synthetic surface
- Table Tennis hall
- Complete Set of Mattress for Wrestling
- Mechanized Bowling Machine

#### **PUBLICATION:**

- **Wellness:** Journal of Health, Physical Education and Sports (Bi Annual) from 2009  
ISSN 0975-136X, UGC Approved under the category of Social Science Sr.48061(till2019)

#### **PLACEMENTS**

Almost 95 % of Students are getting placements in various Governments, Private & Public Sector Organizations(Police, School, Colleges & Universities) through direct recruitment by the organizations.

#### **APPROVED RESEARCH SUPERVISORS & SPECIALIZATION AREA:**

- Dr.Aman Singh Sisodiya (Athletics, Training Methodology, Exercise Physiology, Health, Nutrition & fitness, Sports Psychology & Management)
- Dr.Babulal Dayma(Yoga & Sports Psychology)

#### **STAFF PROFILE:**

S.No	Name & Designation	Qualification	Specialization
1	Dr. Aman Singh Sisodiya Deputy Director	PhD, M.P.E,UGC NET PG Dip. Sports Management, Dip.in Health & Nutrition	Track & Field, Sports Management, Health & Fitness.
2	Dr. Badu Lal Dayma Deputy Director	PhD, M.P.Ed	Yoga

	Post Held	Period	
	CHIEF COORDINATOR	From	To
1.	Sh.RAM SINGH KARNOT	14/06/2002	05/11/2008
	COORDINATOR		
1.	Sh.OM PRAKASH SHARMA	14/06/2002	09/09/2002
2.	Dr.AMAN SINGH SISODIYA	10/09/2002	08/06/2005
3.	Sh.MAHENDRA SINGH RATHORE	09/06/2005	05/11/2008
	HEAD		
1.	Sh.RAM SINGH KARNOT	06/11/2008	31/12/2008
2.	Dr.LOKENDRA SINGH SHAKTAWAT	24/01/2008	31/12/2010
3.	Dr.MAHENDRA SINGH RATHORE	01/01/2011	01/01/2014
4.	Dr.AMAN SINGH SISODIYA	02/01/2014	03/01/2017
5.	Dr.BABULAL DAYMA	04/01/17	01/01/2020
6.	Prof. S.P.DUBEY(Dean Arts)	02/01/2020	30/06.2020
7.	Prof.K.L.RAIGAR(Dean Arts)	01/07/2020	

**ACHIVERS:**

Sl.No	Name of Students	UGC NET/SLET YEAR & ACHIVEMENT
1.	Dr.AARTI SINDHI	2004/ MPed TOPPER & Raj. Edu.Dept
2.	Dr.ABHINAV RATHORE	2012(JRF)/ TOPPER in MPed & Raj. Edu. Dept
3.	Dr. DINESH SINGH	2012/ Raj. Edu.Dept
4.	Dr. SUNIL PRASAD	2012/ Raj. Edu.Dept
5.	RAJESH MITTAL	2012/ Raj. Edu.Dept
6.	VINOD CHOUHAN	2012/ Raj. Edu.Dept
7.	SAGAR BISHNOI	2012/ Raj. Edu.Dept
8.	DINESH BISHNOI	2012/ Raj. Edu.Dept
9.	HEM SINGH BHATI	2012/ Raj. Edu.Dept
10.	TEENA MEGHWAL	2012/ Raj. Edu.Dept
11.	KAMAL KUMAR	2012/ Raj. Edu.Dept
12.	GANGARAM DABI	2012/ Raj. Edu.Dept
13.	BHANWARLAL	2012/ Raj. Edu.Dept
14.	SNEHDEEP TAK	2012/ Raj. Edu.Dept
15.	GIRIJABAI MEENA	2013 Raj. Edu.Dept
16.	KHIVRAJ MEHRA	2013/ KVS
17.	APESH DEORA	2013/ Raj. Edu.Dept
18.	Dr. NEELU RATHORE	2014
19.	RAJ SARASWAT	2014
20.	NARENDRA SINGH RATHORE	2014
21.	NISHU FAUZDAR	2015/ Raj. Edu.Dept
22.	Dr.SITA KUMARI	2015(JRF)

**TOPPERS :**

	Name of Students	Year of passing	Obtained/Max.Marks(%)
1.	Ms. AARTI SINDHI	2004	959/1200(79.92)
2.	Mr.MANJEET SINGH RATHORE	2005	972/1200(81.00)
3.	Mr.BHARAT SINGH	2006	995/1200(82.92)
4.	Ms.LATA CHOUDHARY	2007	958/1200(79.83)
5.	Ms.MONICA YADAV Mr.DINESH SINGH CHOUHAN	2008	910/1200(75.83)
6.	Ms.HEMA FAUZDAR	2009	955/1200(79.58)
7.	Ms.GAJ RAJ RATHORE	2010	976/1200(81.33)
8.	Ms.DEEPIKA ARORA	2011	1001/1200(83.45)
9.	Mr.MANOJ KUMAR	2012	850/1200(70.83)
10.	Mr.NARESH KUMAR LOHAR	2013	934/1200(77.83)
11.	Mr.NARENDRA SINGH RATHORE	2014	976/1200(81.33)
12.	Mr.MOTI RAM	2015	892/1200(74.33)
13.	Mr.DIVIK P.MISHRA	2016	969/1200(80.75)
15.	Mr.MOTIRAM	2016	
16.	Ms. SUMAN KANWAR	2017	
17.	Ms.ANJU CHOUDHARY	2018	





