

JAI NARAIN VYAS UNIVERSITY  
JODHPUR

**GUIDELINES FOR ANANDAM COURSE**



**Session: 2020-2021**

**Anandam-an exercise in trusteeship**

**1. The objective of the program**

The Anandam program aims to instil the joy of giving in young people, turning them into responsible citizens who will build a better society. Through daily action, it will build the habit of service in students across colleges and Universities in Rajasthan. The students will have to undertake the course each semester starting with the 2020-21 academic year.

**2. Course category**

Compulsory

**3. Structure**

Over the course of the year, students will be expected to engage in individual and group acts of service and goodness.

**4. Students will be expected to**

- Do at least one act of individual service each day
- Record this act of service in a dedicated Register/Personal Diary (PD) in the format downloaded from the University website.
- Share this Register/Personal Diary day in the 30-minute Anandam time slot dedicated by the college/University
- Undertake one group service project for 64 hours every term (outside college/University hours)
- Upload the report on the group project on the Anandam platform
- Participate in a sharing and presentation on the group service in the discussion sessions held once a month

*[There will be some suggested projects and organizations that students can work with. Students can also suggest their own projects which others can join].*

## 5. Inputs

### A. From the Anandam platform

- An online platform to manage and share service opportunities
- A list of suggested programs or volunteering organizations
- Training for faculty members on how to facilitate the Anandam program

### B. From the College/University

- Faculty will review every student's Register/PD to see if they recorded an act of goodness for that day
- The act of goodness will not be evaluated – just if it was recorded or not
- The faculty will mentor the group service projects. They will strive to mobilize the required resources and support for the group service projects.
- Mentors to guide and review the student's activities on a regular basis
- There will be one Anandam coordinator to monitor the program in every college/university/teaching unit

## 6. Outcomes

Each student will finish the year with a portfolio of giving. This will include their Register/Personal Diaries and their reports on group service projects.

## 7. Rewards and Recognition

The students will get an option to submit their project for the an award and recognition at the college, university, and state-level. The projects will be reviewed and assessed by committees at the respective levels. Similarly, the Mentors and Anandam coordinators too will be eligible for such recognition at the University and State levels. **Please refer to the table 8.1 Rewards and Recognition for details.**

### 7.1 Evaluation matrix:

#### Time available per semester:

- Register/Personal Diary: A minimum of 32 entries (40%) and a maximum of 80.
- Project Participation: 2 hours x 8 days x 4 months = 64 hours

	Project 1 (Semester 1)	Project 2 (Semester 2)
	Total: 64 hours Grading =32hrs: C grade >32 to <=44: B grade >44 to <=54: A grade >54 to <=64: O grade	
		Total: 64 hours Grading =32hrs: C grade >32 to <=44: B grade >44 to <=54: A grade >54 to <=64: O grade

#### Time available for the annual scheme (in every six months):

- Register/Personal Diary: A minimum of 32 entries (40%) and a maximum of 80.
- Project Participation: 2 hours x 8 days x 4 months = 64 hours

- An average of grades across both the projects (to be assessed over six months) will be considered for the same.

	Project 1 (Six months)	Project 2 (Six months)
	Total: 64 hours Grading =32hrs: C grade >32 to <=44: B grade >44 to <=54: A grade >54 to <=64: O grade	
		Grading =32hrs: C grade >32 to <=44: B grade >44 to <=54: A grade >54 to <=64: O grade

### 7.1 Rewards and Recognition:

Award	Level	Description
Best Project	Faculty/Inter Faculty/ Divisional/ State	<ul style="list-style-type: none"> <li>Eligibility: Team members: 48 entries in the service diaries each + 64 hours project work</li> </ul> <p><i>Criteria for selection</i></p> <ul style="list-style-type: none"> <li>Review of project participated               <ul style="list-style-type: none"> <li>Type of project</li> <li>Approximate number of people impacted</li> <li>Activity details with duration</li> <li>Press/Media release</li> </ul> </li> <li>Each institution to nominate one best project for the State award</li> </ul>
Outstanding Faculty Facilitator/s	State	<p><i>Criteria for selection</i></p> <ul style="list-style-type: none"> <li>Percentage of students filled diary</li> <li>Percentage of Students contributed volunteer hours</li> <li>Number of students enrolled from institution under Anandam</li> <li>Review of project mentored               <ul style="list-style-type: none"> <li>Type of project</li> <li>Approximate number of people impacted</li> <li>Activity details with duration</li> </ul> </li> <li>Press/Media release</li> </ul>
Best Institution/s	District and State	<p><i>Criteria for selection</i></p> <ul style="list-style-type: none"> <li>Number of students enrolled under Anandam</li> <li>Percentage of Students contributed diary/volunteer hours</li> <li>Review of project undertaken               <ul style="list-style-type: none"> <li>Type of project</li> <li>Approximate number of people impacted</li> <li>Activity details with duration</li> <li>Press/Media release</li> </ul> </li> <li>Amount spent on Anandam projects</li> </ul>