

ANANDAM

(An Exercise In Trusteeship)

AN ACT OF COMMUNITY PARTICIPATION PROJECT

The Joy of Giving



Jai Narain Vyas University, Jodhpur

(Science Department , New Campus)

MENTOR

Dr. S.L.Nama

(Zoologist Professor)

Group Leader

Kavita Mali

Std.-Msc-Zoology

Semester – 1ST, Sem

COMMUNITY PROJECT UNDER "ANANDAM" SUBJECT

1. Name of university :- Jai Narain Vyas University, Jodhpur
2. Name of the leader :- Kavita Mali
3. Dedicated Anandam Gmail of the college :-
4. Title of the project :- Protect and maintain the environment
5. Location of community service :- Western Rajasthan (Jodhpur dist.)
6. Name of the mentor :- Dr. S.L. Nema
7. Class/ semester :- M.Sc - Sem I (Zoology department)
8. Details of participants :-

Sr. No.	Name of participant	Mob. No.	Sign.
1.	Kavita Mali	9429123350	<u>P Mali</u>
2.	Rajani	7230883685	<u>Rajani</u>
3.	Kavita Kumari	9785003987	<u>D</u>
4.	Sourabh pal	8058940303	<u>Sourabh Pal.</u>
5.	Anita Jangir	9057693266	<u>Anita</u>
6.	Neeru Mathwa	6377900494	<u>Neeru Mathwa.</u>
7.	Dinesh Meena	8875251961	<u>Dinesh</u>
8.	Santosh	7297820939	<u>Santosh</u>
9.	Yogendra Singh	8696960392	<u>Yogendra Singh</u>
10.	yogita	7357765991	<u>Yogita</u>

Teacher's Signature

JAI NARAIN VYAS UNIVERSITY

ANANDAM
Msc 1st sem. (zoology)
JOY GROUP



Introduction of the Project

"Anandam" means happiness", so 'Anandam' course has been introduced as compulsory subject and to be implemented in first years of all UG courses and 1st semester of all PG courses in all university/colleges of Rajasthan from Academic session 2020-21. The moral of this course is the "Joy of giving" and sharing in young people through community participation, helping them to be responsible citizens and be initiators of change for healthy society.

This will give platform to the students for expressing their creative abilities and be empathetic. It include syllabus comprises on activities of goodness done by the students. It also means doing something good every day for the society or needy one.

It prove very effective not only for the personal, social, ethical, academic and all round development of students but also enhance their leadership qualities and personal behavior.

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Project (Activity - 1)

Introduction :-

Our aim to bring awareness in local public regarding importance and maintenance of environment.

From this project we will provide strong message through interaction with local citizens providing slogan, making posters, short seminar. This will going to help as to preserve our environment for present as well as future generations.

Our topic is on cleanliness and convey positive message towards community. The way we keep our home neat and tidy, we should keep our environment also clean, which is essential for healthy living. The more we don't care about our environment, the more it will become polluted which have harmful impact on all biotic factors. We think one step towards Kaylana lake cleanliness.

Kaylana lake is located 8 km west of Jodhpur in Rajasthan. It is artificial lake built by Pratap Singh in 1872. The city of Jodhpur and all the surrounding towns and villages depends on Kaylana lake as a source of drinking water. So cleaning this lake is responsibility of every citizens.

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* Objectives :

- Environment upkeep is very important for healthy life. We are lucky our ancestors have given us good environment to live in. But from early 70s, the concern for environment is diminishing. So, to spread awareness among every individuals in our society and saving our nature is the prime importance for this project of conservation.

* Methodology Adopted :-

- * We decided to try to clean Kaylana lake with all group members, and along with we want to convey message to the people to dump polythene bags into dustbin not into the water.
- * There are about 10 group members 6 were girls and 4 were boys of "Joy group" we made a planned and arranged this cleanliness program. It helps to improve our personality by keeping clean externally and internally.
- * With some posters, and slogan try to changing the ^{prospective} mind towards the cleanliness of water.

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* Activities done and time dedicated

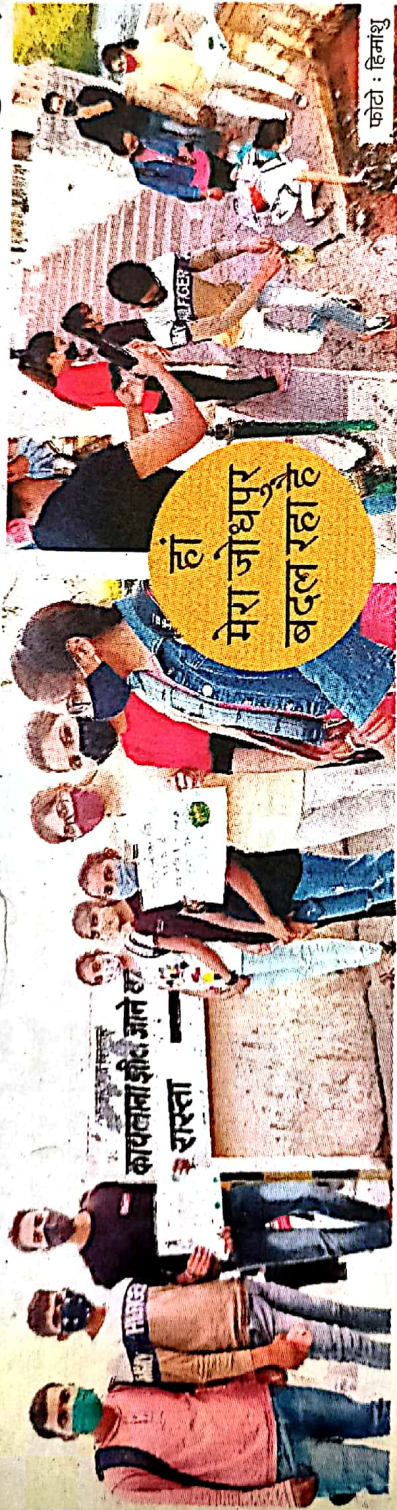
- Our "Joy group" started ~~are~~ cleanliness activity ~~afom~~ 4 o'clock at evening and it was last for 3 hour on 26 February.
- At the lake we all divided our work on the basis of capability of person.
- Through poster and slogan convey the message to the people and youth to keep the surrounding clean for the well being of aquatic animals.
- Together we all picked up the garbage it was lying here and there.
- Peoples were listening very carefully to our words. They also helping us to pick up the garbage put into the dustbin.
- We all gave this message through speech to put garbage into the dustbin, don't throw into the water and garden.

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26-02-2021 , FRIDAY



यूँ तो धूमिल नहीं होने देंगे कायलाना का वैभव हाथ ही हमारे साधन है और जोश और जुनून संसाधन



हां
मेरा जोधपुर
बदल रहा है

शाबास जॉय
ग्रुप जुलोजी
डिपार्टमेंट

शुक्रवार को यहां सफाई करने पहुंचे युवा जॉय ग्रुप जुलोजी डिपार्टमेंट के थे। ग्रुप सदस्यों ने सबसे पहले कायलाना झील में रहने वाले जीव जंतुओं को बचाने के उद्देश्य से पानी में पड़े कचरे इत्यादी को बाहर निकाला। फिर ग्रुप द्वारा इस तरह कचरा फैलाने वाले लोगों को जागरूक भी किया गया। यह संदेश दिया कि कचरे को कचरा पात्र में ही डालें। टीम के सदस्यों में नीरू मातवा, कविता माली, अनिता जांगिड, कविता कुमारी, योगिता, संतोष, योगेन्द्र, दिनेश मीणा व सौरभ मौजूद रहे।

जोधपुर/नवज्योति। कायलाना के शांत पड़े शीतल जल के किनारे युवाओं की ओर से उसके सौन्दर्य को और निखारने के जुनून ने आज वहां से जो कोई भी गुजरा उसका ध्यान जरूर आकर्षित किया। जो युवा केवल यहां घुमने फिरने और मस्ती के लिए आते थे वो आज यहां फैली गंदगी उठा रहे हैं...। देख कर सभी का मन हर्षाया और आवाज भी यह मन के दरवाजे को चीरती हुई बाहर निकली कि वाह मेरा जोधपुर बदल रहा है। जी हां शहर में अब सोच बदली है। फिर वो भले ही युवा

कुमार प्रवीण

प्रशासन को यह समझना चाहिए

पर्यटन क्षेत्रों से ही शहर की छवि निखरती है और दूर दराज तक उसकी साख भी पहुंचती है। बीते कई महीनों से प्रशासन की तरफ से यहां केवल दौरे कर निर्देश ही जारी किए हैं, काम धरातल पर कुछ नहीं हुआ। नगर निगम को तो फुर्सत ही नहीं मिलती। इसलिए उससे उम्मीद करना बेमानी है। लेकिन युवाओं ने ठान लिया है। ना उन्हें संसाधनों की आवश्यकता है और ना ही वे साधनों के भरोसे हैं। फिर भी वे गंदगी उठाए जा रहे हैं। किसी की लापरवाही की... किसी की मनमानी की... किसी की दादागिरी की....।

फोटो : हिमांशु



* Observation and Experiences during interaction with community with photographs and media covering.

- We saw that how people are listening carefully to our words as well as obeying them.
- From that crowded place one media man is recording all activities which we were doing.
- When we talked to the people, they listened to us and also follow them.
- When we reached our words to so many people, then we had a good experience with them.
- Some of our friends were clicking photos and media man covering all recording.

* Achievements/benefits of the project.

- We are happy to see that people listened to us from the heart. Along with listening, obeying rule and regulations towards cleanliness.

Teacher's Signature _____

- * All our activities were covered by the media and published this cleanliness program into the newspaper.
- * This is the best achievement experience we had of all.
- * This will give platform to the students to experiment expressing their creative abilities, listening and communication skill.
- * It also prove very effective not only for personal, social, ethical, academic and all round development of students but also enhance their leadership qualities and personnel behaviour.
- * **Individual Contributions of the group members.**
 - Kavita Mali and Kavita Kumari: "Joy group" member make the beautiful & creative poster on the basis of cleanliness.
 - Neeru and Yogendra had good communication skill due to this skill they have to understand the surrounding people.

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* Conclusions and Inferences

As, it the nature which provide us many important resources and factors for our life, in the same way it is our duty to keep clean the water and surrounding and provide it in the same condition to next generation gave us.

As these garbage are home for many vectors which spread harmful disease and decrease oxygen consumption in aquatic life.

* Acknowledgment :-

We would like to express our special thanks of gratitude to Dr. S. L. Nanda sir who always helps us and guide us to do this wonderful project.

Secondaly we would like to thank to Himanshu sir (Dainiknavajyoti newspaper publisher) who helped us a lot to conveying our cleanliness message to people through newspaper. Thanks to our team doing work with each other cooperation.

Teacher's Signature _____

Activity - 2

Introduction

Cleanliness give rise to a good character by keeping body, mind and soul clean and peaceful. Maintaining cleanliness is the essential part of healthy living because it helps to improve personality by keeping mind clean externally and internally. The way we keep our home neat and clean we should keep our environment also clean, which is essential for healthy living. At Silver jubilee outside the hostel cleanliness activity proceed.

Objective

- To create awareness about health and hygiene.
- To promote cleanliness and hygiene in wholistic manner.
- To focusing on scientific solid and liquid waste management systems.

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* Methodology

- The health of humans and flora and fauna depends on the cleanliness of the environment. We must plant trees and must be eco-friendly and encourage other.
- "Joy group" members get divided into two small group and divide the area were to clean and how much to clean.
- One group contain 2-3 member with holding cleanliness material such as broom, rubber gloves, dust pan, trash can, garbage can.
- Other group complete the work of socializing with first group.
- 2 dust pan is to be used (One for organic and another for inorganic wastes).

* Activity done and time dedicated

- Outside the Silver Jubilee Girl's Hostel there is lot of garbage is spreaded.
- "Joy group" members' (4-5) took the garbage put into the garbage can, or trash pan.

Teacher's Signature _____

- On Monday at 14 March 2021 in evening all members of group are clean the full area of Hostel.
- There were many plastic bags outside the dustbin which the cow was eating. Collection of wastes according to organic and inorganic waste.
- After 2-3 hours of work, the hostel ground get clean up with freshness in air.

* Observation

- * While group members doing cleanliness work, the Hostel warden ma'am took this work initiative and she also helping them.
- * Seeing us working, the most of the hostel girls also helped us.
- * Our warden ma'am did speak to everyone hostel girls about cleanliness and don't let the garbage be thrown out in the bins.
- * Hostel warden ma'am said that to all girls from today onwards all girls will do cleanliness activities.

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* Achievements

Clean and healthy society is very essential for the environment and progress of the nation. While doing this activity we get rid from many harmful diseases. The presence of a clean environment means the absence of viruses & bacteria.

Hostel warden ma'am (Silver Jubilee PG hostel) were very happy to see our work and she asked other's girls to do this cleanliness work.

* Conclusion

As it the nature which provide us many important resources and factors for our life, it is our duty to keep clean and healthy. Indian gov. initiative like swachh Bharat has gives hope for cleaner India.

We should all do our bit to maintain cleanliness in areas we live or visit. We should stop others from throwing wastes at undesignated places.

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* Acknowledgment :-

I would like to express my special thanks of gratitude to my Hostel warden ma'am Dr. Ranu sharma for their support in completing my cleanliness project.

Date

14-03-21

She has actively contributed in the cleanliness drive in the hostel premises.

R. Sharma

Warden
P.G. Girls Hostel
J.N. Vyas University
JODHPUR



Activity - 3

[Cleanliness of Hostel ground]

Introduction :-

- Cleanliness is a habit of keeping your body and surrounding clean.
- A clean and healthy society is very essential for the environment and progress of the nation. In India lot of programme was introduced to ensure the welfare of the people but people and government don't follow properly. Government of India also introduced Shwachh Bharat Abhiyan to encourage people to stop the garbage through into the road or in our society here and there.

In our ST. Cyril's Hostel our aim to create awareness towards cleanliness in hostel ground. Together we will make the hostel ground a clean ground. We should never compromise with cleanliness, it is as necessary as food and water for us.

Objectives :-

- To helps to increase in individual productivity by healthy body and healthy mind and clean surrounding.

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* Methodology :-

- Role of environment cleaning is important because, it reduces the number and amount of infectious.
- To create a clean and safe, attractive environment for girl's hostel.
- Unhygienic atmosphere directly effectⁿ the studies of students those who living in hostel.
- Member of 2-3 group people along with girl's of hostel focus on clean atmosphere and free from garbage.

* Activity done and time dedicated.

- In early morning at 8:30 pm on 28 Feb 2021, 2-3 members of Anandham group (Joy group) join in mission of cleanliness of Hostel ground.
- Along with few member of Hostel also help to us.
- At 11 pm we stop our work and take some rest and again started work to pick up all garbage lying on the hostel ground.

* Observation :-

Before cleaning ground there was unhygienic atmosphere of hostel. After start doing cleaning work all hostel girl's going to start helping us to rid from garbage.

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* Achievements / Benefits of the project :

- Spreading mosquito is get reduced.
- Unwanted smelling is reduced.
- Clean, and hygiene and fresh air to be intake.
- Also create awareness towards cleanliness to other group or hostel girls.
- Hostel warden also supported us and helping us to maintain healthy atmosphere in hostel.

* Conclusions :-

Cleanliness is not the responsibility of only one group. It is the responsibility of each and every person living in home, hostel, college and society.

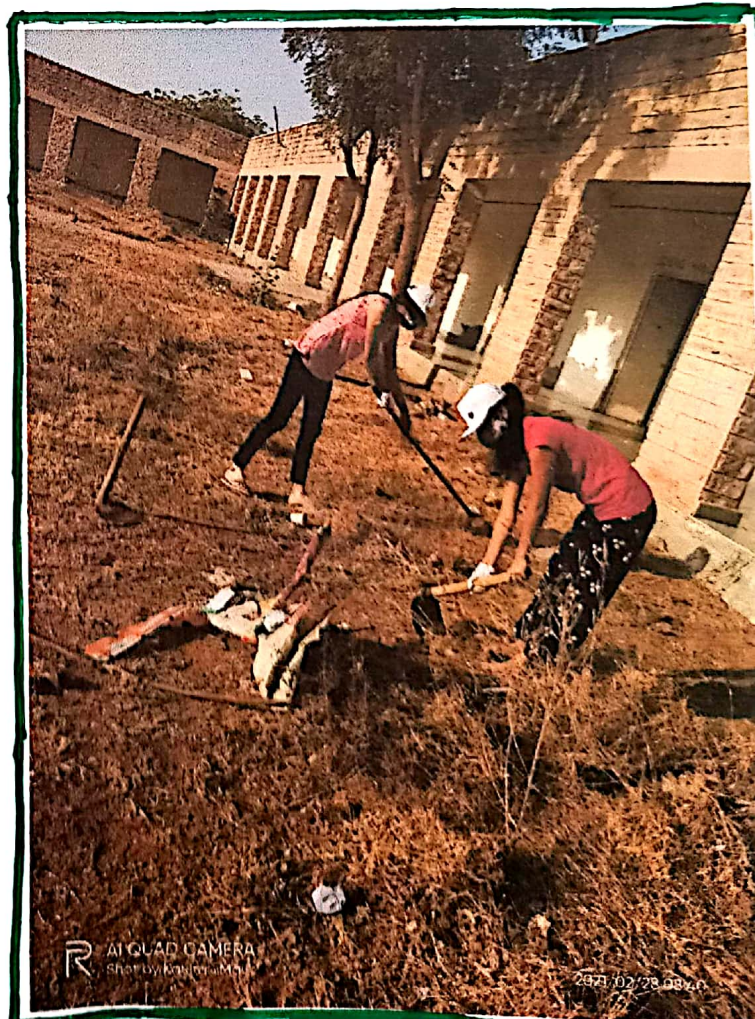
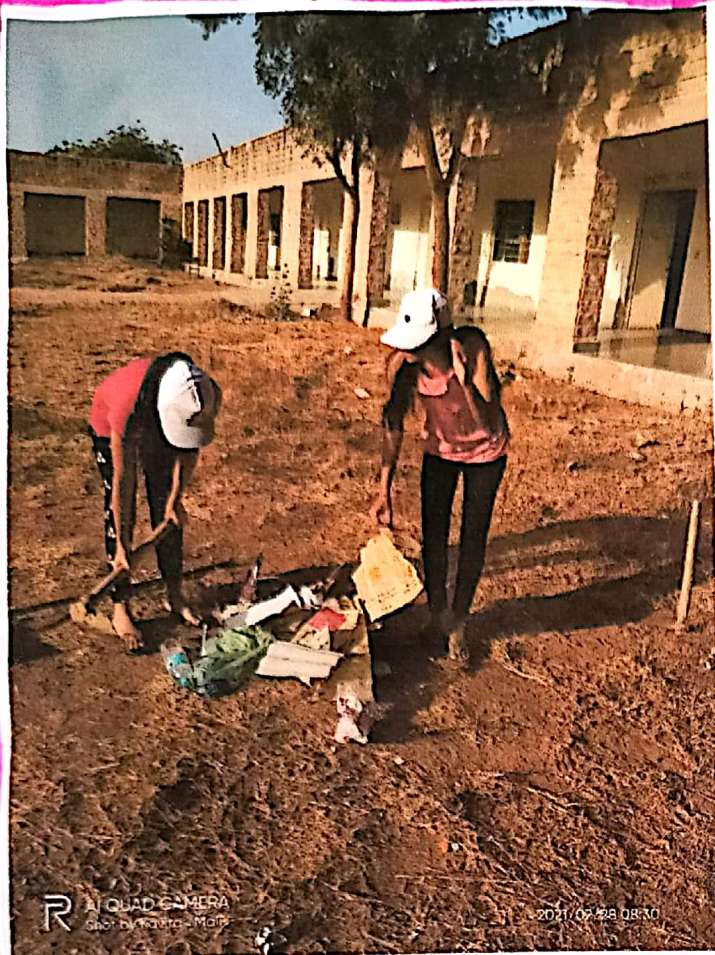
* Acknowledgment :-

First and foremost, I would like to express my sincere gratitude to my mentor Dr. S.L. Nama Sir and Hostel warden Vimala ma'am for supporting and encouragement.

Date:- 28-2-21

Sign

Teacher's Signature _____



Aug/2021

Neel Kamal

PAGE NO.:

DATE

/ /

Activity - 4

[Tree plantation]

[At new campus JNVU]

Introduction :-

Trees contribute to their environment over long periods of time by providing oxygen, improving air quality, climate amelioration, conserving water, preserving soil and supporting wildlife.

Tree plantation guarantees that the supply of oxygen never ends. Planting trees is the ideal approach to support nature. When trees are planted on its own, the biodiversity of that zone is improved.

The planting tree programmes proceed on 15 August at the day of independence at science department. Tree plantation is an activity that we can all participate in for improving our environment.

Objectives :-

- Improve freshness of air quality and improve water quality.
- To prevent soil erosion
- To reduce pollution and promote plantation.

Teacher's Signature _____

• Methodology

- * In Rajasthan Bishnoi community is called protector of wildlife and environment in western Rajasthan. From this way we also protect the tree and planting more trees.
- * Identify the site is at science department garden area. Check the quality of soil. Soil is fertile or not.
- * Near by water facility is there or not. Different types of trees needed different types of soil.
- * Taken a small plant of trees mostly Neem trees planted on the ground of science department.

• Activities done and time dedicated

- * In early morning on 15 August 2021 our group leader with other group member initiate our programme of planting a tree at science dept.
- * Then we used digging machine in garden of science department, where we planted a tree taking distance between the plants.
- * After 3 hours we watered the all plants which we were planted. We put the label on the tree net. We planted a tree maximum 10-15 in the front of science department.

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at JNV university new campus. Some of trees are Neem, khejri, khair etc.

At afternoon we done with work and again watering the plant through water tap system using long pipe.

* Observation and Experiences :-

- Our faculty teacher's show us^{to} doing this activity. After tree planting, that area started looking even better. Faculty sir also told about the method of tree planting and gave more information on planting trees.
- We felt very peaceful and, doing good work, on the day of independence.

* Achievements from this project

- We made contributions in improving air quality by planting a trees.
- Our teachers help us to guide the and tell us methods, technique how to plant a trees.

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★ Conclusions :-

So, the benefits of planting trees are enormous, It is time we realize how importance these are for our environments as well as our social and economic well being. Each one of us must take it as a responsibility to plant trees whenever and wherever we can to make our planet better place to live.

★ Acknowledgment :-

In the accomplishment of this project⁶⁰ successfully, We would like to thank my mentor **Dr. S. L. Nama** and faculty teacher professor **R. P. Sahan sir**.

Then we would like to thank ^{our} group members of "Joy group" for their support and valuable suggestions.

